



## Stockingford Nursery School

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29<sup>th</sup> June 2021

Dear Parents/Carers

### Letter to Parents in Big Nursery

There has been a confirmed case of Coronavirus in Big Nursery. We have followed the national guidance and your child has been identified as a close contact.

We need to ask that your child now stay at home and self-isolate from Big Nursery from the 29<sup>th</sup> June to 8<sup>th</sup> July 2021. **They may return on Friday 9<sup>th</sup> July.**

**Children who are self-isolating should not be brought to Nursery School to pick up siblings.**

Here is national guidance on what to do whilst self-isolating:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

We are monitoring the situation and working closely with Public Health.

#### **Lateral flow test device (LFD) Testing:**

LFDs are used for testing for people who are showing no symptoms. This is an additional tool to identify COVID-19 cases, contain the virus and prevent its transmission.

Households, childcare and support bubbles of primary and secondary-age pupils and staff can now take twice-weekly lateral flow tests.

Any pupils or students receiving any positive LFD test result should immediately follow the isolation advice for themselves, their household and close contacts and they must seek a confirmatory PCR test.

We all need to remain vigilant by watching out for symptoms of Coronavirus. For most people coronavirus will be a mild illness. The symptoms are:

- a new continuous cough
- and/or high temperature
- and a loss of, or change in normal sense of taste or smell

#### **What to do if your child becomes unwell**

- Please remain alert to your child being unwell in this period. Although the top three symptoms above are more likely to be symptoms of Coronavirus, we have found that many children didn't display the main three signs of Coronavirus; their symptoms were a sore throat, or feeling really unwell, or muscle aches and pains. Presentation of these symptoms may be more likely to be a cold rather than Coronavirus.
- If your child develops symptoms of COVID-19, they should book a test immediately. This can be arranged via <https://www.gov.uk/get-coronavirus-test> or by calling 119.
- All other household members must isolate and not leave home until the result of the test.

## If the test is positive

- You will all need to isolate for 10 days. The 10-day period starts from the day when the first person in the house became ill.
- Your child should isolate for 10 days and until they are better, and their temperature has returned to normal for at least 48 hours.
- Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 10 days (from the first day a household member displayed symptoms) will greatly reduce the spread of the virus.
- If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

## **Should your child test positive then please contact the school to let them know.**

## If the test is negative

- If your child's test result is negative, as a close contact of a positive case they still need to isolate for 10 days, as the symptoms could be masking Coronavirus incubating.
- Everyone in your household can stop isolating following the child's negative test unless they themselves develop symptoms.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- Wear a face covering
- Maintain social distancing
- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- keep rooms well ventilated

## Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

School will remain open during this time for the children in Little Nursery. Should you have any questions please do not hesitate to contact us either by telephone, or by email on [parents1041@welearn365.com](mailto:parents1041@welearn365.com)

Yours sincerely

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